



News Update

7th May 2015

What a busy first term and the second seems to be going faster than the first. As the weather gets cooler and mornings and evenings are darker please ensure that children are dressed appropriately. Some children are being sent with no jumpers on days that are rather cool. As many parents do work and are unable to get to the school uniform shop please speak with us and we will be able to arrange your child to get to the shop and purchase jumpers if required. For your reference the school uniform shop is open the following times: *Tuesday from 2.30 – 3.30pm, Wednesday and Thursday from 8.00 – 9.30am and Friday 8.00 – 8.30am*. If you require further information regarding prices and uniform list please go to the school's website <http://www.albahills.eq.edu.au> or download the QSchool's App and like the school. This App has all the information regarding the school including the latest newsletters at your fingertips on your phone.

Booking and Cancellation Requirements:

We attempt to cater to all families with regards to days needed for care. It helps in our planning for staff and activities if you book children in on regular days according to your needs. We understand that some families will be unable to predict days needed due to shift work and rotating rosters and will need to book on a casual basis. Unfortunately our service has grown considerably this year and at times we may not always be able to cater to casual care requests as we may have reached our approved care capacity and are legally unable to cater to more children for that session. We ask families that book on a casual basis to book in advance preferably by 6pm on the day prior to care required and families cancel care as far in advance as possible. This will allow us to ensure we have the correct staff for the shift, as well as the available space in accordance with our approved capacity for care.

We ask that bookings for all care be in writing. This assists us in complying with staff / child ratios. **All cancellations must be received in writing by the bookings and cancellation book at the service or via email. If your child will be absent from before school care please email or call the service on the morning to notify us of their absence.**

Fees will not be incurred if absence notice is received:

- By 6 pm the previous afternoon for following day Before School Care
- By 9 am same day for Afternoon School Care

Accounts:

Accounts must be kept up to date. Accounts are sent out for the current week of care usually on a Monday. As we receive bookings or cancellations your accounts will be amended on a daily basis.

Please ensure that regular payments are made to ensure that accounts do not go into arrears past the current week of care. Payments for accounts can be made by direct deposit into our account or by eftpos at the office. Don't forget to reference when making a direct deposit by using the account name on the top of your statements.

Accounts that are considerably overdue and do not have a current payment plan in place and being met **will** have their care suspended until all monies have been received.

Children's Belongings:

At times children like to bring items from home to school to show their friends or play with at lunch times. We do not encourage this practice as other children do at times play with these items which can lead to items being broken or lost. Please discourage your children from bringing in items from home. We will not accept responsibility for items brought from home that go missing or get broken.



Albany Antics:

Don't forget to check out the fun we have here at outside school hours on our Albany Antics wall just near the kitchen bench. This displays the experiences and activities your children participate in here at outside school hours care. We also show photo displays and have a feedback board for the children and parents to add suggestions to on different topics. Please take the time to have a look at the board and chat with your children about the fun times they have.



DONATIONS

A4 paper for children's drawings and crafts required urgently.

Recipe of the Month

Raspberry & Apple Oatmeal Crumble

Courtesy NAQ Nutrition

Ingredients (Serves 12)

- 2 cups wholemeal plain flour
- 1 1/3 cups rolled oats
- 120g margarine
- 1 cup brown sugar
- 4 sliced Granny Smith apples or 450g of tinned pie apple
- 450g raspberries (fresh, frozen or canned and drained)
- 2 tsp ground cinnamon

Method:

1. Preheat oven to 180°C
2. Mix flour and oats in a bowl, then rub in margarine until mixture resembles breadcrumbs. Stir in ¾ of the sugar

3. Slice apples and combine with raspberries in ovenproof dish
4. Mix remaining sugar and cinnamon and sprinkle over fruit
5. Spoon the oatmeal mixture evenly over fruit
6. Bake for about 45 minutes, until fruit is cooking and topping is golden brown
7. Serve hot or cold with low fat custard or yoghurt.

Fast Facts

This recipe is low GI, which keeps children fuller for longer. This snack is also a good source of vitamin C.

Alternatives

Use other fruits for variety e.g. apple & rhubarb, peach & apricot, pear and strawberry.



Reminders

- Label all items of clothing;
- Update contact details as soon as they change so we can contact you in cases of emergencies;
- Extra-curricular forms need to be completed if your child is attending any activities held on the school grounds during afterschool hours. These activities may include but not limited to – gymnastics, Aus Kick, Tennis, Shake & Stir etc. These activities are arranged separately through the school and booked directly with the providers of the activities.

Educators and Management
Albany Hills OSHC.