



News Update

1st July 2017

Wow how time goes fast. We are nearly at the end of term 1 and half way through the year.

Accounts

Please ensure that accounts are not left to go over more than 14 days in arrears. If accounts are left to become overdue and payments are not received there is a risk of bookings being cancelled until full payment is received. ***With vacation care coming up in just over 3 weeks all accounts need to be in order to secure vacation care bookings.***

QIP review – QA 2

Our last staff meeting saw us looking at Quality Area 2 – ‘Children’s Health and Safety’, and reviewing our practices for our Quality Improvement Plan. The National Regulations require services to have a **Quality Improvement Plan** (QIP). The aim of a QIP is to help providers (services) self-assess their performance in delivering **quality** education and care, and to **plan** future **improvements**. The QIP also helps regulatory authorities with the assessment of the service through the Rating and Assessment process. The National Quality Framework has 7 Quality Areas in which services review and assess their service and practices against standards and elements.

In small groups educators looked at Quality Area 2. There are 3 standards within this quality area. These are:

- 2.1 – Each child’s health is promoted
- 2.2 – Healthy eating and physical activity are embedded in the program for children
- 2.3 – Each child is protected

As you can see this quality areas encompasses such a large area of what we do here at the service and incorporates items such as healthy eating and healthy menus are promoted, supporting individual health needs, children’s comfort and offering opportunities for quiet spaces, rest and relaxation, hygiene practices, infectious diseases and control management, supervision and protecting children from harm, physical activity both planned and spontaneous, effectively incident management and education and training for educators in first aid, child protection, fire and emergency training.

As a group of educators we review and reflect upon our practices through staff meetings and small group discussions. We are also required to get feedback from our key stakeholders. This is where you can help with your feedback on what we do well and what we could improve upon at the service. If you have seen something that you feel would could change or implement that would make the service a better place for children and is in relation to the area of ‘Children’s Health and Safety’ please let us know. We would also love to hear what we do well as part of the QIP is reflecting on our current practices and what we already have in practice at the service.

Please take 5 minutes to send an email with the heading ‘QA 2 feedback’ so we can incorporate your feedback into the review and update of our QIP at our next staff meeting.

Cooler Weather

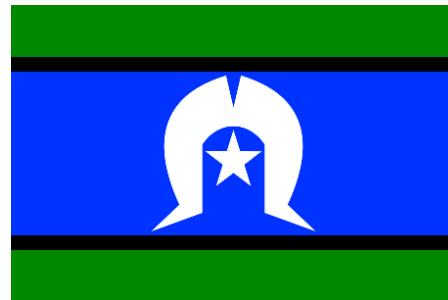
Please ensure that your child comes to before or after school with a warm jumper. It can get quite cool in the early mornings and afternoons. The weather can change quite quickly and as we offer outdoor activities both morning and afternoon a warm jumper enables all children to be able to participate in the activities offered. Don’t forget to name all items of clothing so if they are left behind we are able to return them to the correct owner.

National Reconciliation week

National Reconciliation Week is a yearly event beginning with the anniversary of the 1967 referendum on May 26th, and ends with on June 3rd, the anniversary of the Mabo decision. These two events being significant not only in demonstrating the important place Aboriginal and Torres Strait Islander people hold within Australian society as well as highlighting the years of mistreatment and neglect suffered at the hands of the government of Australia. By recognising these dates and celebrating 'National Reconciliation Week' we can demonstrate a firm commitment to furthering Reconciliation as well as building lasting relationships with Aboriginal and Torres Strait Islander persons within the school and the greater community.



Throughout the week students at OSH will be developing a mural celebrating Reconciliation Week 2017 and its theme "Let's Take the Next Steps." For more information and for activities in your local area please visit; <http://www.reconciliation.org.au>



Parent's cyber safety talk

Technology continues to occupy a pivotal place in all of our lives and increasingly even young children are spending more time online than ever. It is especially important for all children to be aware of how to conduct themselves on line and to consider the consequences, and permanency, of what they post on the internet. Likewise it is integral that parents understand and are therefore able to discuss with and enforce cyber safety in their homes.

As a service to our families we have scheduled a 'Children's Cyber Safety' information session on Friday July 7th, during vacation care, this session will be tailored to be relevant to the diverse ages of children who attend OSH. As a further service to our families we will be holding a free information session for parents to be held on either Thursday night August 17th or 24th (actual date and time TBC). This session will be presented by 'Think U Know', which is an initiative facilitated by the Child Safety branch of the Australian Federal Police. We encourage all OSH families and those in our school community to attend. We are looking for those intending to attend to notify us by email so we can advise numbers. More information on Think U Know can be found here; <https://www.thinkuknow.org.au/>



Internet
Safety

Thank you

Your support and assistance is greatly appreciated.

Caught Being Good Awards

These are given out weekly to students who have consistently shown good behaviour and manners when at OSH. Check out the awards board to see who's been good at OSH.

- Kiera B.
- Craig D.
- Hamish S.
- Hannah D.



Bookings and Cancellations

Must be in writing by email or in the bookings and cancellation folder.

Phone calls cannot be accepted.



Dates to Remember

- * 3rd June - Mabo Day
- * 5th June - World Environment Day
- * 12th June – Vacation Care Program comes out
- * 20th June - Chaplaincy BBQ Breakfast – Gold Coin Donation
- * Vacation Care 26th June to 7th July
- * 3rd to 8th July NAIDOC
- * 31st July National Tree Day



Breakfast Times

Breakfast is served until 7.45am.

After this time we will be unable to offer any food to your children as the kitchen needs to be cleaned before transition to class.

Homework

A reminder that we offer quiet facilities for children complete homework or enjoy some quiet reading in the school library every afterschool session. If you would like us to remind your child to complete homework when they attend please see one of our staff and we can place your child's name on our homework list.

New Menu Term 2

After getting feedback from the children, guidance from the Education Queensland's 'Smart Choices Strategy' and a review from our OSHC peak body we will release our **new menu from the beginning of term 2**. We will see some of our regular favourites remain on the menu but we have also introduced some new and exciting healthy options and tastes for the children. Our main focus is to reduce sugar and processed foods whilst offering a variety of foods and introduce healthier options. The decision to use multigrain bread instead of white has occurred this last term and most children have taken this on board with little resistance. Some of the new menu items being offered are ham & salad pinwheels, hummus & vegetable sticks, toasted ham, cheese and tomatoes sandwiches, porridge with fruit, wholegrain pasta with herb & tomato sauce, avocado smash on toast, fruit salad with greek yoghurt. We will also introduce a fresh fruit bowl option for those that are hungry. Children will be able to access a piece of fruit at any time from the fruit bowl.

If you have any suggestions for our breakfast, morning tea (vacation care) or afternoon tea menu's please send your feedback and suggestion to our email albhills.oshc@bigpond.com.

Educator in the Spotlight

Rhiannon



Qualifications:

****Studying Bachelor Justice Studies***

My name is Rhiannon and I am studying my Bachelor as I want to become a police officer in the dog squad. I also speak fluent Japanese and hope to travel the world.

Hobbies:

- * Volunteering with crime stoppers*
- * Touch football*
- * Cooking*

Pets:

**Jack Russell – Roxy*



Vacation Care

Vacation Care bookings will open on Monday 12th June.



Zucchini Slice Muffin

www.taste.com.au

To bump up the vegetables swap the bacon for shredded baby spinach.

Ingredients:

- | | |
|----------------------------|------------------------------------|
| 2 bacon rashers | 1 brown onion |
| 2 zucchini coarsely grated | 2 cups self-raising flour |
| 2 eggs lightly whisked | 2 tablespoons dill finely chopped |
| ¾ cup milk | 1 cup coarsely grated tasty cheese |
| 60g butter, melted | |

Method:

1. Preheat oven to 180C. Line 6 holes of a ¾ cups muffin pan with paper cases
2. Heat a medium fry pan over medium heat. Add the bacon and onion and cook, stirring for 5 mins or until onion softens. Set aside to cool
3. Combine zucchini, flour, cheddar and dill in a large bowl. Add the onion mixture and stir to combine. Whisk the eggs, milk and butter in a jug. Add to the zucchini mixture and gently stir until combined. Spoon evenly into lined holes of tray.
4. Bake for 30 minutes or until a skewer inserted in centre comes out clean.
5. Serve warm or at room temperature.