



# Vacation Care Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Milo	Frozen Mixed Berry Smoothie	Milo	Fresh Banana Smoothie	Milo
Morning Tea	Fruit Platter + Rice Crackers	Fruit Platter + Muesli and Yoghurt Cups	Fruit Platter + Jatz Cracker + Cheese Chunks	Fruit Platter + Puffed corn <small>Drizzled with Dark Chocolate</small>	Apples + Carrot, Cucumber & Celery with Corn Relish Dip Rice Cakes
Afternoon Tea	Fruit Salad Cups  <u>Fruit:</u> <i>Bananas, Apples, Watermelon</i>	Chicken, Avocado and Salad Roll Ups  <u>Fruit:</u> <i>Pears, Oranges</i>	Pita Chips With Guacamole  <u>Fruit:</u> <i>Bananas, Apples</i>	Fruit Salad Skewers  <u>Fruit:</u> <i>Bananas, Apples</i>	Homemade Fried Rice  <u>Fruit:</u> <i>Watermelon, Apples</i>

This week's special cereal is:  
Cornflakes

This week's special juice is:  
Tropical Juice

Breakfast items offered daily include:

Vita Brits and Rice Bubbles cereal. Multigrain toast with vegemite, honey and jam spreads. Fresh seasonal fruit bowl. Water and Milk.

Morning Tea Fruit Platters offered daily:

Will consist of a variety of fresh seasonal fruit.

Afternoon Tea items offered daily include:

Vegemite and jam sandwiches on multigrain bread.

Updated: 28.06.2018