



Weekly Menu 3



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Scrambled Eggs	Milo	Avocado Toast & Frozen Mango Smoothies	Fruit Salad & Greek Yoghurt <i>*Tinned Fruit Salad in Natural Juice</i>	Milo
Afternoon Tea	Tomato Soup With dipping bread <u>Fruit:</u> Apples Oranges	Flavoured Rice Cakes <u>Fruit:</u> Watermelon	French Onion Dip Celery, Carrot & Cucumber Sticks <u>Fruit:</u> Pears Oranges	Sweet Treat See Recipe <u>Fruit:</u> Bananas	Chicken Sandwiches With Greek Yoghurt <u>Fruit:</u> Watermelon Apples

This week's special cereal is:
Cornflakes

This week's special juice is:
Apple

Breakfast items offered daily include:

Vita Brits and Rice Bubbles cereal. Multigrain toast with vegemite, honey and jam spreads. Fresh seasonal fruit bowl. Water and Milk.

Afternoon tea items offered daily include:

Vegemite and jam sandwiches on multigrain bread.

Updated: 28.06.2018