



Vacation Care Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Pancakes + Milo	Tinned Spaghetti + Milo	Frozen Mango Smoothie	Toasted Sandwiches <small>Ham, Cheese & Tomato</small>	Flavoured Yoghurt
Morning Tea	Apples & Oranges + Flavoured Rice Cakes	Fruit Platter + Flavoured Yoghurt + Rice Crackers	Fruit Platter + Jatz Cracker + Cheese Chunks	Fruit Platter + Puffed corn <small>Drizzled with Dark Chocolate</small>	Apples, Sultanas & Cheese + Sayo Biscuits with Vegemite
Afternoon Tea	Cabana, Cheese & Jatz Crackers <u>Fruit:</u> <i>Bananas Watermelon</i>	Chicken, Avocado and Salad Roll Ups <u>Fruit:</u> <i>Pears Oranges</i>	Pita Chips & Salsa <u>Fruit:</u> <i>Bananas Apples</i>	Tomato Pasta & Cheese <u>Fruit:</u> <i>Bananas Apples</i>	Homemade Fried Rice <u>Fruit:</u> <i>Watermelon Apples</i>

This week's special cereal is:
Cornflakes

This week's special juice is:
Tropical Juice

Breakfast items offered daily include:

Vita Brits and Rice Bubbles cereal. Multigrain toast with vegemite, honey and jam spreads. Fresh seasonal fruit bowl. Water and Milk.

Morning Tea Fruit Platters offered daily:

Will consist of a variety of fresh seasonal fruit.

Afternoon Tea items offered daily include:

Vegemite, Jam and Cheese sandwiches on multigrain bread.

Updated: 20.11.2018