# WEEK ONE MENU - TERM Reviewed August 2025 / Effective 11th August 2025 MONDAY TUESDAY WEDNESDAY THURSDAY FRIE

|           | MONDAY                            | TUESDAY   | WEDNESDAY                            | THURSDAY                                   | FRIDAY                                 |
|-----------|-----------------------------------|---|--------------------------------------|--|--|
| MORNING   | PANCAKES<br>&<br>JUICE            | TOASTED SANDWICHES (Ham, Cheese, Tomato) & FLAVOURED MILK | SCRAMBLED EGGS<br>&<br>JUICE         | BACON & CHEESE<br>SANDWICHES<br>&<br>JUICE | SMASHED AVOCADO<br>&<br>FLAVOURED MILK |
| AFTERNOON | MINI QUICHES  & VEGE SPRING ROLLS | SALAMI & CHEESE<br>SANDWICHES                             | CHEESE, KABANA<br>&<br>JATZ CRACKERS | VEGETARIAN NACHOS                          | BAKED TREAT                            |
| FRUIT     | ORANGES<br>APPLES                 | WATERMELON CARROT, CUCUMBER & CHEESE CHUNKS               | BANANAS<br>&<br>ORANGES              | APPLES<br>&<br>ROCKMELON                   | WATERMELON<br>&<br>BANANAS             |

- THIS WEEK'S SPECIAL CEREAL: CHEERIOS
- THIS WEEK'S SPECIAL JUICE: APPLE

# **BREAKFAST ITEMS OFFERED DAILY:**

WEET BIX | RICE BUBBLES | GLUTEN FREE CEREAL | FRESH SEASONAL FRUIT | WATER | SMARTER WHITE MILK | LACTOSE FREE MILK | OAT MILK WHITE TOAST | FRUIT TOAST | GLUTEN-FREE TOAST | VEGEMITE | JAM | HONEY | GLUTEN-FREE SPREADS

AFTERNOON TEA ITEMS OFFERED DAILY:

WHITE SANDWICHES | VEGEMITE | JAM | CHEESE

\*\* GLUTEN FREE SANDWICHES MADE ON REQUEST

All menus are designed to meet criteria in Quality Area 2: Children's Health & Safety: Element 2.1.3 The menu is subject to change without notice due to food supply or unforeseen circumstances.

### EEK TWO MENU - TERM Reviewed August 2025 / Effective 11th August 2025 **TUESDAY MONDAY** WEDNESDAY **THURSDAY** FRIDAY **CHEESE & VEGEMITE BACON & CHEESE TOASTED SANDWICHES YOGHURT TUBS POTATO GEMS** MORNING & & TOASTED FLATBREADS **SANDWICHES** (Ham, Cheese, Tomato) **JUICF** FLAVOURED MILK & JUICE FLAVOURED MILK FLAVOURED MILK CHEESE, KABANA CHICKEN SANDWICHES FLAVOURED RICE **CURRIED EGG BAKED TREAT AFTERNOON CAKES SANDWICHES** JATZ CRACKERS **BANANAS APPLES PEARS BANANAS ORANGES**

WATERMELON

- THIS WEEK'S SPECIAL CEREAL: CORNFLAKES
- THIS WEEK'S SPECIAL JUICE: TROPICAL JUICE

### **BREAKFAST ITEMS OFFERED DAILY:**

**ORANGES** 

WEET BIX | RICE BUBBLES | GLUTEN FREE CEREAL | FRESH SEASONAL FRUIT | WATER | SMARTER WHITE MILK | LACTOSE FREE MILK | OAT MILK WHITE TOAST | FRUIT TOAST | GLUTEN-FREE TOAST | VEGEMITE | JAM | HONEY | GLUTEN-FREE SPREADS

AFTERNOON TEA ITEMS OFFERED DAILY:

WHITE SANDWICHES | VEGEMITE | JAM | CHEESE

\*\* GLUTEN FREE SANDWICHES MADE ON REQUEST

**APPLES** 

**APPLES** 

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**ROCKMELON** 

### VACATION CARE MENU Reviewed August 2025 / Effective 11<sup>th</sup> August 2025 **MONDAY TUESDAY** WEDNESDAY **THURSDAY FRIDAY** BREAKFAST **TOASTED SANDWICHES BACON & CHEESE SMASHED AVOCADO** BEEF SAUSAGES. **PANCAKES SANDWICHES POTATO GEMS** (Ham, Cheese, Tomato) **FLAVOURED MILK FLAVOURED MILK JUICE JUICE JUICE POPCORN ASSORTED SWEET FLAVOURED RICE CAKES** CHEESE, KABANA **CUSTARD BISCUITS** MORNIG **CHEESE CHUNKS JATZ CRACKERS RICE CRACKERS** FRUIT PLATTER FRUIT PLATTER FRUIT PLATTER APPLES, SULTANAS **APPLES & ORANGES CHEESE CHUNKS** 2 MINUTE NOODLES **VEGETARIAN NACHOS CHICKEN SANDWICHES** HAM & CHEESE MINI QUICHES **AFTERNOON** (CHICKEN FLAVOUR) **TOASTED WRAPS VEGE SPRING ROLLS**

THIS WEEK'S SPECIAL CEREAL: CHERRIO'S

**BANANAS** 

WATERMELON

THIS WEEK'S SPECIAL JUICE: APPLE & BLACKCURRANT

# **BREAKFAST ITEMS OFFERED DAILY:**

WEET BIX | RICE BUBBLES | GLUTEN FREE CEREAL | FRESH SEASONAL FRUIT | WATER | SMARTER WHITE MILK | LACTOSE FREE MILK | OAT MILK WHITE TOAST | FRUIT TOAST | GLUTEN-FREE TOAST | VEGEMITE | JAM | HONEY | GLUTEN-FREE SPREADS

**ROCKMELON** 

**APPLES** 

# AFTERNOON TEA ITEMS OFFERED DAILY:

MULTIGRAIN/WHITE SANDWICHES | VEGEMITE | JAM | CHEESE

\*\* GLUTEN FREE SANDWICHES MADE ON REQUEST

ORANGES

**BANANAS** 

WATERMELON

**APPLES** 

**PEARS** 

**ORANGES**