



ALBANY HILLS
State School P&C
Outside School Hours Care

NEWSLETTER October 2020

2021 Enrolment Dates

***Enrolments for 2021 will open on
 Monday 19th October.***

All forms are fillable and available on our website:

<https://www.albanyhillsoshc.com.au>

If you have a new child that will attend in 2021 there will be additional forms on the website that are required to be completed for enrolment.

Children with a diagnosed medical condition will be required to supply prior to 20210 commencement a new 'Action Plan' from their GP and the service 'Risk Minimisation Plan'. These are required to be updated annually.

If you are unable to access the website, we will have printed forms and new child enrolment packs available for collection from the service.

Xmas Closure

At this stage we envisaged the service will be closed from Friday 25th December 2020 and re-open on Monday 4th January 2021. If there are any changes to these dates, we will advise all families.

Children's Xmas Party

We are getting closer to having our famous annual children's Christmas party.

Every year we privately hire Lollypops Playcentre in Strathpine. We hold the

event between 6pm and 8pm. All families are welcome to attend that have used OSH in 2020.

We will have a special visit from Santa on the evening and the Café will be open for families to purchase food.

We are in negotiation with the Playcentre regarding dates and will confirm these with families as soon as possible. This event is more than likely to occur in the last week of school.

Student Free Days

As you may be aware the school term has now been shortened by 2 days. The Thursday 10th and Friday 11th December will now be Student Free Days. The OSH will include these days in the vacation care program for the holidays and care will be offered to families.

After Dark Saints Xmas Appeal

Every year we collect items for the 'After Dark Saints'. 'After Dark Saints' is a voluntary run charity with no government funding that provides personal necessity items, food and hot meals to local homeless people. All their selfless work is done with items from donations.

**Do not
 forget all
 children and
 adults
 entering and
 exiting OSH
 MUST wash
 or sanitize
 their hands.**



OSHC BOOKINGS AND CANCELLATIONS

A reminder that all bookings and cancellations must be completed in writing. This can be done either by email to oshc@albanyhillspandc.org.au or in the bookings and cancellation folder at the service.

The following cancellations times apply for no charge of sessions:

Before Care Bookings – cancel booking by 6PM night before booking for care.

After Care Bookings – cancel booking by 9AM morning of aftercare booking.

All fees are due to be paid the week of care. Please ensure all payments are up to date to avoid care being suspended or cancelled.

REMINDERS

We are finding daily the number of children without hats is increasing greatly. Please ensure children are sent to school / OSH with hats. We have limited spare hats available. Without a hat there is strictly 'NO HAT NO PLAY'.

'No Caps Allowed'

Breakfast finishes at 7.45am

If you arrive after this time, we are unable to serve breakfast. We do have a fruit bowl available for children to access.

THE MONTH AHEAD

This term we will see the return of some of our favourites back at the service. Keep a lookout on the program for:



'Uncle Boomerang' will visit for the last time for 2020 next Tuesday 20th October. All children welcome to attend these indigenous workshops.

DON'T FORGET - OSH café every Friday Afterschool. All meals are \$5 per serve and a great way to enjoy a homecooked meal after a long week. **Friday 23rd October is 'Pork Dumplings'**. We will be having a parent coming in to help us with these. It is a family favourite recipe that everyone loves.

MOVEMBER

Harry and Sean, 2 of our awesome educators are participating in **Movember**.

Movember is an annual event involving the growing of moustaches or mullets during the month of November to raise awareness of men's health issues, such as prostate cancer, testicular cancer, and men's suicide.



Sean and Harry will be participating in the cause by either growing a moustache or mullet. Closer to the date we will be sending out information with a link for families to support Harry and Sean by donating. All donations help so please dig deep and support this worthy cause.

SUSTAINABILITY COMMITTEE TIP



Did you know that **worm farms** are an efficient way to reduce household waste?

Composting worms break down food quickly and produce rich castings and liquid fertilizer that can be used in the garden.

You can buy a ready-made worm farm or even make your own out of a polystyrene box.

Here at OSH we have two worm farms that are cared for by our wonderful 'Eco Warriors'.

The last month has seen our garden flourish with lots of produce which we have been using in our sandwiches and cooking experiences. We have also extended our garden beds with the generous donation of items from families with pots and seedlings. We have recently planted and introduced lettuce, silver beet, capsicum, zucchini, eggplants, herbs (rosemary, mint, basil, parsley, thyme and oregano) and strawberries. We look forward to being able to use these in our cooking and meal routines.

Shout out to **Johnathon D and Edison H** who our awesome **Eco Warriors for October**. Our warriors help with the recycling and sorting of food waste for compost, worms, and recyclable materials. Thanks Johnathon and Edison, you are AWESOME!



**STAFF MEMBER
IN THE
SPOTLIGHT
Thomas**



Thomas is currently deferred from his studies. He will resume his Bachelor -Laws and Fine Arts in 2021.

A little about Thomas:

- Worked at OSH** – Commenced August 2020
- Favourite Food** – English muffins with honey
- Favourite Holiday** – Fiji
- Hobbies** – Hanging out with Friends, playing Ruby Union and movies.
- Place of Birth** – Brisbane

**December / January Vacation
Care Bookings Open:
Monday
30th November 2020**
All programs will be emailed to families or hard copies will be available from the service.

Have you seen our website lately?

<https://www.albanyhillsoshc.com.au>



The website has been upgraded and all new fillable forms and documents are now available from the website as well as our weekly program, menus, FAQ's and vacation care information. *Take the time to have a look and familiarize yourselves with the new look.*

RECIPE OF THE MONTH

Ingredients

- 3 cups self-raising flour
- 2 cups rolled oats
- 4 teaspoons ground cinnamon
- 4 eggs, lightly beaten
- 3 cups milk
- 4 tablespoons honey
- 4 apples, peeled and grated
- Spray oil

Method

1. Combine dry ingredients (self-raising flour, rolled oats and ground cinnamon) in a large mixing bowl.
2. Combine wet ingredients (eggs, milk, honey, and grated apple) in a separate bowl.
3. Make a well in the centre of the dry ingredients and add the wet ingredients. Stir gently to combine the mixture.
4. Heat a large non-stick frying pan over a low to medium heat. Spray with oil.
5. Using ¼ cup of batter for each pancake, add to the pan. Cook for 2 – 3 minutes or until bubbles appear on the surface. Gently flip and cook on the other side for 2 minutes or until golden.
6. Repeat with remaining batter.



Notes:

- *Other fruit that would work well in this recipe include blueberries, pear, or banana.
- *Try using wholemeal self-raising flour to increase the fibre content.
- *Serve with yoghurt and fresh fruit.

Source: Nutrition Australia



EDUCATIONAL PROGRAM

Below are some of the initiatives that we are working on to incorporate into our play-based program at Albany Hills OSH. We are always looking for new ideas and activities to incorporate into our program, so please get in touch if you have any questions, feedback or suggestions about the weekly program or activities you would like to see at OSH.

We are aiming to incorporate more multicultural dishes, or at least interpretations of them that can be made in the OSH setting, into the OSH Café activity. We also try to take inspiration taken from the countries featured on the “Where in the World” board in the back room, which now features Italy.

A further note on the “Where in the World” board, previously this has featured a country selected by staff and children, often tied in to coincide with a day significant to the country. Going forward, we have split the board in half and are now including information about an Indigenous tribal/language group to highlight the huge diversity encompassed within the cultures of Australia First Peoples as well as historically significant Indigenous Australian. This week is actress Deborah Mailman.

Lastly, the weekly before and after school programs are posted each week on the OSHC website, they can be viewed here;

<https://www.albanyhillssoshc.com.au/program-schedule-fees>



POLICY OF THE MONTH:

9.2 Enrolment Policy

The Service acknowledges the need to ensure accurate and relevant information relating to the specific needs of each child is available and uses effective enrolment procedures to obtain such information and to impart appropriate information to parents/guardians.



Relevant Laws and other Provisions

The laws and other provisions affecting this policy include:

- *Education and Care Services National Law Act, 2010 and Regulations 2011*
- *Duty of Care*
- *NQS Area: 1.1.5; 2.1.1; 2.2.1; 2.3.4; 4.1.1; 4.2.1; 6.1; 6.2.1; 6.3.2, 6.3.3;; 7.2.1, 7.2.3; 7.3.1, 7.3.2, 7.3.4, 7.3.5.*
- *Policies: 2.4 – Arrivals and Departures of Children, 2.11 – Including Children with Special/Additional Needs, 2.13 – Use of Photographic and Video Images of Children, 3.5 – Excursions, 3.8 – Extra-curricular Activities, 4.6 – Medication, 4.8 – Sun Safety, 4.10 – Anaphylaxis Management, 8.15 - Children of Employees, 9.1 – Access*



Procedures

The new family enrolment process will commence with an initial meeting, phone discussion or email between parents/guardians and a member of the management team, where the families will be provided with a service enrolment pack, including but not limited to:

- Enrolment and Confirmation of Childcare Agreement Form;
- Family Handbook;
- Service Requirements;
- Behavior Expectations.

Enrolment at this Service for children commencing Prep of that current year up to and including children in High School at the discretion of management. Families may need to provide documentation relating to proof of age prior to enrolment being accepted.

Strictly for the purposes of enabling the Service to fulfill its Duty of Care responsibilities to the child and comply with these policies and procedures, the following information in relation to children is requested from all parents/guardians through the service enrolment form:

- Personal details (name, address, and date of birth);
- Name, home and work address and phone numbers of parent/guardian;
- Name, address, phone number and relationship to child of persons (authorised nominee) who may be contacted for emergency collection;
- Parental/guardianship and/or residential details (if any), including copies of relevant court orders;
- Relevant health and medical details and action plans from treating medical physicians;
- Current copy of the child's immunisation statement;
- Name, address and phone number of the child's doctor;

- Any special physical, emotional, dietary, religious, cultural or other needs or considerations relating to the child;
- Authorisation for the service and its educators to:
 - Provide emergency medical treatment if required;
 - Apply/assist to apply SPF+30 sunscreen;
 - Take and/or display children's photographs;
 - Document children's learning experiences.

The enrolment form shall also include the written consent of the parent/guardian signing the form to the use of the information by the Service in keeping with the Information Handling Policy (Privacy and Confidentiality), (see Policy 10.8) and the other Policies and Procedures of the Service from time to time,

The Service cannot provide its services to a child, and may refuse to do so, if the parent/guardian refuses to give any or all of the above information, as the Service will not be able to discharge its Duty of Care and other responsibilities to the child without this information.

Failure to provide the required child's information prior to commencement may result in the child's enrolment being:

- Delayed, cancelled or possibly refused.

The service will, on an annual basis, will request all families to update information by the completion of a new 'Enrolment and Confirmation of Childcare Agreement Form'. This will ensure all parent/guardian and emergency contact information is current and forms a binding agreement between the service and the family for the provision of care.

All information obtained through the enrolment procedures will be kept in strictest confidence and used only for the purposes for which it is obtained (see also Policy 10.8 Information Handling [Privacy and Confidentiality]).
